



PHYSICAL THERAPY PRESCRIPTION



Back Coaching Services

We are low back, neck, facial pain, dizziness, and headache specialists.

Coordinated by Ron Clinton P.T., M,Ed.

a Certified McKenzie Spinal Specialist working with other highly trained spinal specialists.

When Doctors have spinal pain who do they see?

The long list of successful back coaching services (BCS) patients includes: 10 doctors or dentist from the Rochester Area.

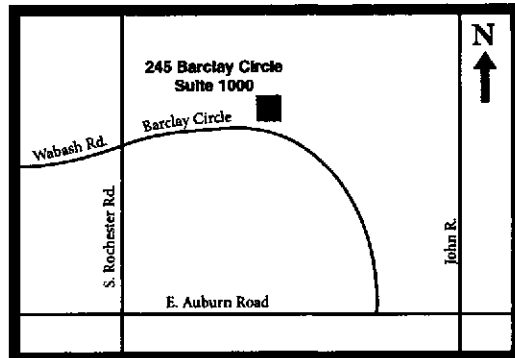
Cleveland clinic patients sent to Back Coaching Services.

Many Michigan with headaches, migraines or dizziness go to the Cleveland Clinic after seeing multiple doctors here without results. The Neurologist Director of the Headache Clinic send many of those patients to BCS. He chooses us because the Cleveland Clinic's P.T.'s are similarly trained as BCS therapist.

Patients come from Livonia, Lansing, Anchor Bay, Brighton, Northville, St. Clair etc. for their specialized treatment.

HealthQuest PHYSICAL THERAPY

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Acct. Number: _____

Patient's Name: _____ D.O.B _____

Diagnosis: _____

Duration: _____ 1 wk. _____ 2 wks. _____ 3 wks. _____ 4 wks. _____
other

Frequency: _____ Daily _____ 2 x wk. _____ 3 x wk. _____ 4 x wk. _____

INSTRUCTIONS

- Evaluate and Treat
- Ice
- Moist Heat
- Electrical Stimulation
- Traction: _____

THERAPEUTIC EXERCISE

- AROM PROM AAROM
- Joint Mobilization
- Therapeutic Exercise
- Balance & Proprioceptive Training
- Neuromuscular Re-education
- Functional Training
- Isometric Exercise
- Isometric Exercise
- Isotonic Exercise
- Gait Training
- Stretching Exercise
- Back Program
- Neck Program
- Home Program

Special Instructions: _____

Dates to Cover: _____ to _____

Physician/Dentist Signature: _____

Rochester area spinal surgeon sends the toughest cases to BCS. This very conservative surgeon sends many patients that have failed P.T. elsewhere, failed steroid shots or rhizotomies. With the individualized treatment BCS provides many of these patients to have finally got their symptoms under control.